NRV Thrive works with organizations and community members across our region to collectively increase access to affordable, nutritious food through shared learning, informed advocacy, and responsive strategic action.

Learn more & access this directory at cfnrv.org/thrive or via the QR code.
Connecting community members to food assistance programs

This directory contains the details of food assistance programs in the New River Valley within the counties of Floyd, Giles, Montgomery, and Pulaski as well as the city of Radford. We hope that community members seeking food assistance find it to be a useful resource to get connected to the assistance they need. Please note that the information in this directory may have changed since it was collected in early spring 2023. We recommend contacting the program ahead of time to ensure you have the most up-to-date information.

What information is in this directory?

The directory is organized alphabetically with section for each county as well as the city of Radford. We list several details for each program, including whether the program has more than one food assistance initiative. Please see below for an example entry and the details on what each section means. If a program’s listing is highlighted in gray (like the one below), that means anyone in need is eligible to utilize one or more of their programs.

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<thead>
<tr>
<th>Organization &amp; Address</th>
<th>Contact Info</th>
<th>Schedule</th>
<th>Program Info &amp; Product Types</th>
<th>Who is Eligible?</th>
<th>Required Docs?</th>
<th>ADA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bountiful Blessings at New Harvest Ministries</td>
<td>Nora Bentley <a href="mailto:harvest@swva.net">harvest@swva.net</a> 540-397-1588</td>
<td>Monthly 3rd Saturday 11a - 1p</td>
<td>• Pre-packed boxes  • Prepared meals  • Foods: frozen, refrigerated, shelf-stable</td>
<td>Any in need</td>
<td>None</td>
<td>N</td>
</tr>
</tbody>
</table>

- **Organization & Address**: the name of the organization offering food assistance and its physical address.
- **Contact Info**: typically includes the person who manages the program along with their phone number and email. May also include the organization’s website.
- **Schedule**: includes when the program is open to clients. It may include information on whether an appointment is needed and how often a client can access services.
- **Program Info & Product Types**: see the next page for more details. Listed products can change based on supplies available.
- **Who is Eligible?** This section shares if there are any restrictions on who can access the program. For example, some programs serve only county or city residents, some only serve children; those that have no restrictions are labeled as “Any in need”.
- **Required Documents**: some programs ask for ID, proof of income, family size, residency, etc. What a program will accept for documentation depends, so please ask ahead of time.
- **ADA?** Indicates whether a organization is ADA accessible, which can refer to parking spots, ramps, elevators, etc. Y = accessible, N = not accessible
Product types

The types of items that each program offers varies and may change depending on their current supplies. The directory lists what a program typically offers and the below list shares examples of what each product type may include. Some programs offer items in addition to food, like infant care items, personal care items, and pet food. In the directory, a plus sign is used to indicate the non-food items.

Food types

- **Fresh**: items such as whole fruits, vegetables, and bread.
- **Frozen**: items such as frozen vegetables and soups.
- **Refrigerated**: perishable items such as dairy and meat.
- **Shelf-stable**: pantry items such as canned beans, vegetables, fruits, and meats.

Product types (indicated by a plus + sign)

- **Infant care**: items such as diapers, wipes, formula.
- **Personal care**: items such as toothbrushes and toilet paper.
- **Pet food**: typically food for cats or dogs.

Program information

- **Backpack Program**: often coordinated through schools, these programs provide children with backpacks containing items such as shelf-stable foods.
- **Choice Pantry**: allows a recipient to choose from an assortment of shelf-stable items and may also include fresh produce, frozen meat, eggs, milk and bread.
- **Community Garden**: usually a place for individuals to grow their own fruits and vegetables in a shared garden space.
- **Food Recovery/Gleaning**: excess crops donated by and collected from farmers’ fields or excess food donated from commercial outlets (groceries, etc.)
- **Mini-Pantry**: typically a small, outdoor structure that can be accessed at anytime by anyone to take what they need. They are usually stocked with shelf-stable foods and sometimes personal care items.
- **Mobile Market/Pantry**: often a combination of fresh produce and nonperishable items brought to central locations.
- **Other Support Services**: can include referral to additional support services, thrift store, housing, transportation, utilities, case management, social services, workforce development and nutrition counseling.
- **Pre-Packed Boxes**: a pre-packed box (or bag) of an assortment of canned and/or fresh items will be given.
- **Prepared Meal**: a hot or cold meal depending on the site. Some meals are offered to-go while others are intended to be eaten on-site.
- **SNAP**: Farmers Markets where Supplemental Nutrition Assistance Program (SNAP) benefits are accepted and that often double the value of SNAP when spent on fruits and vegetables.
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</table>
| **Bountiful Blessings at New Harvest Ministries** 6236 Floyd Hwy S Floyd | Nora Bentley  
harvest@swva.net  
540-397-1588 | Monthly  
3rd Saturday  
11a - 1p | • Pre-packed boxes  
• Prepared meals  
• **Foods:** frozen, refrigerated, shelf-stable | Any in need | None | N |
| **Calvary Baptist Church** 1400 Floyd Hwy N Floyd | Pam Rumburg  
540-745-3744  
cbcfloyd.org | Monthly  
3rd Thu: 6p | • Pre-packed boxes  
• **Foods:** shelf stable | Any in need | Proof of income | N |
| **Copper Hill Church of the Brethren** 8838 Floyd Hwy N Copper Hill | Don & Opal Gearhart  
donopal@swva.net  
540-651-6381 or 540-392-8197 | Weekly - appointment only  
Thu mornings | • Choice pantry  
• **Foods:** all types  
+ Infant care & personal care items | Any in need | None | N |
| **Eagles Nest Regeneration Ministries** 148 Rehoboth Ln NE Floyd | Tracy Doss / Skinner White  
rtdoss192@gmail.com  
eaglesnest@enrm.org  
540-838-5765 / 540-745-4001  
enrm.org | Weekly - appointment only  
Thu: 4 - 6p  
Must schedule by Wed | • Pre-packed boxes  
• **Foods:** shelf-stable | Any in need | None | N |
| **Harris Chapel United Methodist Church** 3711 Connor Grv Willis | 276-952-1809  
umc.org/find-a-church/church/45112 | Monthly  
1st Saturday  
10a - 12p | • Choice pantry  
• **Foods:** frozen, refrigerated, shelf-stable  
+ Personal care items, pet food | Any in need | None | N |
| **Havens Chapel Food Bank** 3375 Daniels Run Rd Check | Diann Conner  
dconner@swva.net  
540-651-8215 | Monthly  
3rd Saturday  
9 - 11a | • Prepacked bags  
• **Foods:** fresh, refrigerated, shelf-stable  
+ Personal care & household items, pet food | Any in need | None | N |

Programs located in **FLOYD COUNTY**  
(Products highlighted in gray = any in need are welcome, not just those who live in Floyd County)
<table>
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<th>Organization &amp; Address</th>
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<tr>
<td><strong>Jessie Peterman Memorial Library</strong>&lt;br&gt;321 W Main St&lt;br&gt;Floyd</td>
<td>Joann Verostko&lt;br&gt;<a href="mailto:jverostko@mfrl.org">jverostko@mfrl.org</a>&lt;br&gt;facebook.com/JPMLibrary</td>
<td><strong>Daily - library hours</strong>&lt;br&gt;Monthly - Pantry appointment only&lt;br&gt;Mon - Fri: 9a - 2p&lt;br&gt;Can visit once every 30 days&lt;br&gt;&lt;br&gt;<em>Thursdays - school year:</em> Backpacks delivered to schools</td>
<td>• Choice pantry - fridge&lt;br&gt;• <strong>Foods:</strong> refrigerated, fresh, shelf-stable</td>
<td>Any in need</td>
<td>None</td>
<td>Y</td>
</tr>
<tr>
<td><strong>New River Community Action (NRCA) Floyd County Emergency Assistance Program</strong>&lt;br&gt;120 Epperly Mill Rd SW&lt;br&gt;Floyd</td>
<td>Teresa Moses&lt;br&gt;<a href="mailto:tmoses@nrcaa.org">tmoses@nrcaa.org</a>&lt;br&gt;540-745-2102&lt;br&gt;newrivercommunityaction.org</td>
<td><strong>Monthly - Pantry appointment only</strong>&lt;br&gt;Mon - Fri: 9a - 2p&lt;br&gt;Can visit once every 30 days&lt;br&gt;&lt;br&gt;<em>Thursdays - school year:</em> Backpacks delivered to schools</td>
<td>• Backpack program&lt;br&gt;• Pre-packed boxes&lt;br&gt;• Prepared meals&lt;br&gt;• <strong>Foods:</strong> frozen, shelf-stable</td>
<td>Floyd residents</td>
<td>Proof of residency, income, &amp; citizenship</td>
<td>Y</td>
</tr>
<tr>
<td><strong>Plenty!</strong>&lt;br&gt;192 Elephant Curve Rd&lt;br&gt;Floyd</td>
<td><a href="mailto:plenty@swva.net">plenty@swva.net</a>&lt;br&gt;540-745-3898&lt;br&gt;plentylocal.org</td>
<td><strong>Weekly - Pantry</strong>&lt;br&gt;Mon: 1- 4p&lt;br&gt;Tues: 10 - 1p&lt;br&gt;Thu: 4 - 6:30&lt;br&gt;&lt;br&gt;<strong>Weekly - Scheduled deliveries</strong></td>
<td>• Choice pantry&lt;br&gt;• Community garden&lt;br&gt;• Food recovery program&lt;br&gt;• Home deliveries&lt;br&gt;• Pre-packed boxes&lt;br&gt;• Prepared meals&lt;br&gt;• Other support services&lt;br&gt;• <strong>Foods:</strong> all types</td>
<td>Floyd residents</td>
<td>None</td>
<td>Y</td>
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*Programs located in GILES COUNTY (Programs highlighted in gray = any in need are welcome, not just those who live in Giles Co.)*

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<tr>
<td><strong>The 512 Food Pantry at the Giles County Christian Service Mission</strong>&lt;br&gt;516 Wenonah Ave&lt;br&gt;Pearisburg</td>
<td>Leisa Palmer&lt;br&gt;<a href="mailto:gcscmissiondirector@gmail.com">gcscmissiondirector@gmail.com</a>&lt;br&gt;540-921-3006</td>
<td><strong>Monthly - Pantry</strong>&lt;br&gt;Tues - Fri: 10a - 6p&lt;br&gt;One visit a month&lt;br&gt;&lt;br&gt;<em>Thursdays - school year:</em> Backpacks delivered to schools</td>
<td>• Choice pantry&lt;br&gt;• <strong>Foods:</strong> fresh, refrigerated, frozen, shelf-stable&lt;br&gt;• Personal care items&lt;br&gt;• Pre-packed boxes</td>
<td>Pantry: income 200% of Fed. Poverty Level&lt;br&gt;Boxes: aged 60+ &amp; have $1,580 or less in monthly income</td>
<td>Proof of Giles County residency &amp; income; photo ID required</td>
<td>Y</td>
</tr>
<tr>
<td>Organization &amp; Address</td>
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</table>
| Giles Community Garden | Charlie Herbert cnherbertjr@hotmail.com 540-505-7444 gilescommunitygarden.org | As available - by appointment | • Community garden  
• Other support services  
• Foods: fresh | Any in need | None | Y |
| Giles County Public Schools | Michael Brown, Ed.D. mbrown@gilesk12.net 540-921-1421 | School year - weekdays  
After-school program  
Summer - weekdays  
Prepared meals  
11:30a - 1p | • School year  
Foods: shelf-stable  
• Summer  
Prepared meals | Giles County public school students | | Y |
| Giles Health & Family Center | Helen Wallace 540-921-3024 gileshealthandfamily.org | During center hours | • After-school program  
• Prepared meals  
• Other support services | On-site clients only | N | N |
| Helping Hands Backpack Program | Terri Dunford tldunford@verizon.net 540-921-1070 | Fridays - school year  
Backpacks delivered to school | • Foods: shelf-stable  
+ Personal care items | Narrows Elementary students | Request from teacher or guardian | N |
| Newport Community Center | Larry Greene lgreene@pemtel.net 540-544-6822 / 599-7248 | Fridays - lunches  
11:30a - 1p  
Monthly - Deliveries Scheduled | • Home delivered food  
• Pre-packed boxes  
• Prepared meals  
• Foods: fresh, shelf-stable  
+ Personal care items | Lunches: any in need | Lunches: none | N |
| Newport-Mt. Olivet United Methodist Church | Morris Fleischer morrisfleischer@gmail.com  
Carol Grippo mmgripp@hotmail.com 540-544-7183 / nmoumc.org | Fridays - school year  
Backpacks delivered to school | • Backpack program  
• Foods: shelf-stable  
+ Personal care items | Eastern Elementary/ Middle School students | Approval by guidance counselor | Y |
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<td><strong>New River Community Action (NRCA) Giles Emergency Assistance Program</strong> 516 Wenonah Ave Pearisburg</td>
<td>Steve Pruzick <a href="mailto:spruzick@nrca.org">spruzick@nrca.org</a> 540-921-2146 newrivercommunityaction.org</td>
<td>Monthly - Pantry appointment only  Tue - Fri: 10a - 3p Can visit once every 30 days</td>
<td>• Choice pantry  • Prepared meals  • Other support services  • Foods: frozen, shelf-stable  + Infant &amp; personal care items</td>
<td>Giles County residents</td>
<td>Proof of residency, age, &amp; income</td>
<td>Y</td>
</tr>
<tr>
<td><strong>209 Market Place</strong> 209 W. Roanoke St Blacksburg</td>
<td>Bret Gresham <a href="mailto:wesfound@vt.edu">wesfound@vt.edu</a> 540-552-2827 209marketplace.com</td>
<td>Weekly  Mon &amp; Thu 4:30 - 6:30p</td>
<td>• Choice pantry  • Foods: fresh, shelf-stable  + Personal care items</td>
<td>Virginia Tech students</td>
<td>Virginia Tech student ID</td>
<td>N</td>
</tr>
<tr>
<td><strong>Agape Center</strong> 1175 Cambria St Christiansburg</td>
<td><a href="mailto:agapecenternrv@gmail.com">agapecenternrv@gmail.com</a> 540-358-0329 agapecenternrv.org</td>
<td>Weekly: 1st, 2nd, &amp; 3rd Fri: 12 - 4p 4th Fri: 12 - 5p 2nd &amp; 4th Wed: 12 - 4p</td>
<td>• Foods: fresh, frozen, refrigerated, shelf-stable  + Clothing, infant care items</td>
<td>NRV residents in need</td>
<td>ID</td>
<td></td>
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<tr>
<td><strong>Blacksburg Farmers Market</strong> 100 Draper Rd Blacksburg</td>
<td><a href="mailto:director@blacksburgfarmersmarket.org">director@blacksburgfarmersmarket.org</a> 540-239-8290 blacksburgfarmersmarket.com  Partnership with NRV Master Gardeners: Share the Spare Program Wendy Silverman / <a href="mailto:wss@vt.edu">wss@vt.edu</a></td>
<td>Jan - Mar:  Sat: 10a - 2p  Apr - Oct  Wed: 2 - 6p  Sat: 8a - 2p  Nov - Dec:  Wed: 2 - 6p  Sat: 9a - 2p</td>
<td>• Vendors accept SNAP  • Items for sale: fresh, refrigerated, frozen foods; personal care items, pet food  • Share the Spare: donated produce from patrons &amp; vendors, &amp; area gardeners</td>
<td>Market: SNAP recipients</td>
<td>SNAP card</td>
<td>Y</td>
</tr>
<tr>
<td><strong>Partnership with NRV Master Gardeners: Share the Spare Program</strong></td>
<td></td>
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<td></td>
<td>Share the Spare: distributed to partner agencies</td>
<td>n/a</td>
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<td><strong>Blacksburg Interfaith Food Pantry</strong>&lt;br&gt;706 Harding Ave Blacksburg</td>
<td>Andrea Muscatello&lt;br&gt;<a href="mailto:bburgifp@gmail.com">bburgifp@gmail.com</a>&lt;br&gt;540-951-8134&lt;br&gt;newrivercommunityaction.org/IFP</td>
<td>Monthly: Mon/Tue: 4 - 5:30p&lt;br&gt;Wed/Thu: 10 - 11:30a; Also by appointment as needed.</td>
<td>• Choice pantry&lt;br&gt;• <strong>Foods:</strong> all types&lt;br&gt;• + Infant &amp; personal care items</td>
<td>Residents of Blacksburg &amp; McCoy</td>
<td>Proof of residency (such as a current utility bill or pay stub.)</td>
<td>Y</td>
</tr>
<tr>
<td><strong>Christiansburg Presbyterian Church</strong>&lt;br&gt;Room at the Table&lt;br&gt;107 W Main St Christiansburg</td>
<td>Melissa Lawson&lt;br&gt;<a href="mailto:cburgpres@gmail.com">cburgpres@gmail.com</a>&lt;br&gt;540-382-2802&lt;br&gt;christiansburgpres.org</td>
<td>Weekly - Tuesdays&lt;br&gt;4:30p - ends when meals are gone</td>
<td>• Prepared meals (hot &amp; cold), packaged to go</td>
<td>Any in need, but first come, first served</td>
<td>None</td>
<td>N/A</td>
</tr>
<tr>
<td><strong>For Your Table</strong>&lt;br&gt;825 Park St Christiansburg</td>
<td><a href="mailto:office@threestrand.org">office@threestrand.org</a>&lt;br&gt;540-385-4380</td>
<td>Weekly - Saturdays&lt;br&gt;10a - 12p</td>
<td>• Pre-packed boxes&lt;br&gt;• <strong>Foods:</strong> shelf-stable</td>
<td>Any in need</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td><strong>Live, Work, Eat, Grow</strong>&lt;br&gt;4237 Prices Fork Rd Blacksburg</td>
<td>Community gardens:&lt;br&gt;Steve Kruger&lt;br&gt;<a href="mailto:gardens@liveworkeatgrow.org">gardens@liveworkeatgrow.org</a>&lt;br&gt;&lt;br&gt;Millstone Kitchen:&lt;br&gt;Emma Jensen&lt;br&gt;<a href="mailto:millstonekitchen@liveworkeatgrow.org">millstonekitchen@liveworkeatgrow.org</a>&lt;br&gt;liveworkeatgrow.org</td>
<td>Seasonally&lt;br&gt;During outdoor growing season</td>
<td>• Community gardens</td>
<td>Any who wants to garden; Cost: $20 - 60/yr</td>
<td>None</td>
<td>N</td>
</tr>
<tr>
<td><strong>Meadowbrook Public Library</strong>&lt;br&gt;267 Alleghany Spring Rd Shawsville</td>
<td>Cindy Minnick&lt;br&gt;<a href="mailto:cminnick@mfrl.org">cminnick@mfrl.org</a>&lt;br&gt;540-268-1964&lt;br&gt;mfrl.org</td>
<td>Summer - Tuesdays&lt;br&gt;3:30 - 5:30 pm</td>
<td>• Backpack program&lt;br&gt;• <strong>Foods:</strong> shelf-stable&lt;br&gt;• Other support services</td>
<td>Eastern Montgomery children; one bag per child per week</td>
<td>No sign-up, just stop by to pick up on Tuesdays</td>
<td>Y</td>
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<td>Micah’s Backpack</td>
<td>Marian Brown <a href="mailto:hope@micahsbackpack.org">hope@micahsbackpack.org</a> 540-951-8951 micahsbackpack.org</td>
<td>Fridays - school year Backdrops delivered during school hours</td>
<td>• Backpack program • Foods: Shelf-stable</td>
<td>Children</td>
<td>Enrollment opens each fall</td>
<td>Y</td>
</tr>
<tr>
<td>Micah's Mini-Pantry at Luther Memorial Lutheran Church 600 Prices Fork Rd Blacksburg</td>
<td>540-951-1000 Located in parking lot off Tom's Creek Road</td>
<td>Available 24/7</td>
<td>• Choice pantry • Foods: shelf-stable + Personal care items</td>
<td>Any in need</td>
<td>None</td>
<td></td>
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<tr>
<td>Micah's Mini-Pantry at St. Michael's Lutheran Church 2308 Merrimac Rd Blacksburg</td>
<td>540-951-8951 Located in the parking lot, behind the Bell Tower on the left side of the main building</td>
<td>Available 24/7</td>
<td>• Choice pantry • Foods: shelf-stable + Personal care items</td>
<td>Any in need</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td>Montgomery County Christmas Store 30 W Main St Christiansburg</td>
<td>Vicky Dierckx 540-391-0549 <a href="mailto:MCChristmasstore@gmail.com">MCChristmasstore@gmail.com</a> <a href="http://www.mcchristmasstore.org">www.mcchristmasstore.org</a></td>
<td>Annually First full week of December</td>
<td>• Pre-packed boxes • Foods: shelf-stable</td>
<td>Montgomery County residents</td>
<td>Proof of Residency &amp; Income</td>
<td>Y</td>
</tr>
<tr>
<td>New River Community Action (NRCA) Montgomery County Emergency Assistance Program 110 Roanoke St Christiansburg</td>
<td>Melissa Adams-Felts <a href="mailto:mpindexeter@nrcaa.org">mpindexeter@nrcaa.org</a> 540-382-6186 / 540-381-1561 newrivercommunityaction.org</td>
<td>Pantry - Monthly by appointment only Mon - Thu: 9a - 3p Can visit once every 30 days</td>
<td>• Afterschool program • Backpack program • Choice pantry • Other support services • Prepared meals • Foods: refrigerated, frozen, shelf-stable + Infant care &amp; personal care items</td>
<td>Montgomery County residents</td>
<td>Proof of residency, age, &amp; income</td>
<td>Y</td>
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| NRV Community Fridges                                                                 | nrvcommunityfridges@gmail.com 540-200-8028 linktr.ee/nrvfridges             | Available 24/7                                 | • Choice pantry  
  • **Foods:** fresh, frozen, meals, refrigerated, shelf-stable  
  + Personal care items                                                                 | Any in need       | None            | N   |
| Southpaw Cafe & Community Space                                                      | Located on Lee St between Draper & Main, at the base of a set of stairs      | Take what you need                             |                                                                                               |                 |                |     |
| 202 S Main St, Ste 10                                                                 |                                                                              |                                               |                                                                                               |                 |                |     |
| Blacksburg                                                                           |                                                                              |                                               |                                                                                               |                 |                |     |
| NRV Glean Team                                                                       | John Galbraith NRVGleanTeam@gmail.com 540-392-1184                          | **Partner agencies:** reach out to get produce | • **Foods:** fresh (produce)                                                                  | Distributed to partner agencies across NRV | None            |     |
| Blacksburg                                                                           |                                                                              |                                               |                                                                                               |                 |                |     |
| Salvation Army NRV                                                                   | Lt. Bailey Lind NewRiverValleyVA@uss.salvationarmy.org 540-394-3233         | **Daily - Pantry**                             | • Pre-packed boxes  
  • Prepared meals  
  • **Foods:** all types  
  + Infant & personal care items                                                                 | Any in need       | Photo ID, Proof of residency & income          | Y   |
| 1125 Roanoke St                                                                      | southernusa.salvationarmy.org/nrv                                             | 11a - 12p, 1 - 3:30p                          |                                                                                               |                 |                |     |
| Christiansburg                                                                        | **Soup Kitchen** Mon & Fri: 12 - 1p                                           |                                               |                                                                                               |                 |                |     |
| Shawsville Lay Ministerial Association                                              | Joyce Kelley oldvet43@comcast.net 540-268-2916                              | Weekly by appointment  
  Tues: 11a - 12p                                         | • Pre-packed boxes  
  • **Foods:** fresh, refrigerated, frozen, shelf-stable                                   | Reach out for details | Reach out for details | Y   |
| Dale’s Place                                                                          |                                                                              |                                               |                                                                                               |                 |                |     |
| 870 Big Spring Dr                                                                    |                                                                              |                                               |                                                                                               |                 |                |     |
| Elliston                                                                              |                                                                              |                                               |                                                                                               |                 |                |     |
| The Bridge Ministry                                                                   | Robert Hall robhall101@yahoo.com 540-381-9766 bridgefamily.church           | **Fridays - school year**  
  Backpacks delivered to schools                              | • Backpack program  
  • **Foods:** shelf-stable                                              | Children at Christiansburg Elementary & Primary Schools | Make request to school |     |
<p>| Open Hands Backpack Program                                                          |                                                                              |                                               |                                                                                               |                 |                |     |
| 880 Life Dr                                                                           |                                                                              |                                               |                                                                                               |                 |                |     |
| Christiansburg                                                                        |                                                                              |                                               |                                                                                               |                 |                |     |</p>
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</table>
| **The Market of Virginia Tech**  
Blacksburg | themarket@vt.edu  
540-231-3787  
foodaccess.vt.edu | Weekly  
Must be enrolled in the program | • Choice pantry  
• Foods: fresh, refrigerated, frozen, shelf-stable | Current VT students | Submit interest form online | Y |
| **Warm Hearth Village**  
2603 Warm Hearth Dr  
Blacksburg | Karen Nelson  
knelson@warmhearth.org  
540-443-3406 / 540-605-0193  
retire.org | Tues, Thurs, & Fri  
11a - 3p  
Can visit multiple times a month | • Community garden  
• Pre-packed boxes  
• Prepared meals  
• Other support services  
• Foods: all types  
• Personal care items, pet food | Warm Hearth residents | Proof of Warm Hearth residency, Age, Photo ID | Y |
| **YMCA at Virginia Tech**  
1000 N Main St  
Blacksburg | Karys Blakemore  
meals@vtymca.org  
540-961-9622 | Weekdays  
After-school program  
Weekly  
Prepared meals | • Prepared meals  
• Pre-packed boxes | Any in need | Ask program manager | |

Programs located in **MONT. CO. (CONTINUED)** *(Programs highlighted in gray = any in need are welcome, not just those who live in Mont. Co.)*

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</thead>
</table>
| **Beans and Rice**  
*Food Distribution*  
Office & Pickup site:  
140 E Main St, Ste B  
Radford | Lee Spiegel  
lspiegel@beansandrice.org  
540-980-4111  
beansandrice.org | Schedule appointments:  
email between Sun 3p - Mon 8p  
Pick up - Tuesdays  
appointment only 11:00a - 3:45p | • Foods: fresh, frozen, refrigerated, shelf-stable  
+ Pet food  
Food recovery/gleaning with choices offered online. | Any one in need, but appointment needed | Application & ID needed | Y |
| **Beans and Rice**  
*Mobile Food Market*  
Truck stops in Pulaski town & county | Lee Spiegel  
lspiegel@beansandrice.org  
540-980-4111  
beansandrice.org | Email for info | • Foods: fresh, shelf-stable  
Food recovery/gleaning with choices offered online. | Anyone who has tokens or pays cash | None | Y |
<table>
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<tr>
<td><strong>City of Refuge</strong></td>
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</table>
| 249 Dora Hwy Pulaski   | Joe and Kelly Blankenship  
jblankenship@cityofrefugepc.org  
540-629-1030  
cityofrefugepc.org | Weekly visits- Produce  
Fri: 2 - 4p  
Monthly visits - Food Boxes  
4th Mon of month: 10a - 12p | • After school program  
• Home delivered food  
• Food recovery/gleaning  
• Pre-packed boxes  
• Other support services  
• *Foods*: all types  
+ Infant & personal care items, pet food | Any in need | None |     |
| **Emergency Needs Task Force of Pulaski County** | Sarah Gray  
sgray@nrcaa.org  
540-980-5525  
facebook.com/ENTFPC | Monthly visits- appointment only  
Mon - Fri: 9a - 3p  
Can visit once every 30 days | • Pre-packed boxes  
• Other support services  
• *Foods*: frozen, shelf-stable  
+ Personal care items | All Pulaski County residents | Proof of residency, income, & family size; Social security # | Y |
| **New River Community College** | here4U@nr.edu  
If unable to visit during regular hours, arrange alternate times via email. | Twice monthly visits:  
Mon, Wed, Fri: 8a - 3p  
Tues & Thu: 8 - 11a | • Choice pantry  
• *Foods*: shelf-stable | Current NRCC students  
Food can be delivered to Mall campus | Proof of NRCC attendance | Y |
| **New River Valley Agency on Aging** | nrvaoa@nrvaoa.org  
540-980-7720  
nrvaoa.org | Weekday deliveries  
Home delivered meals  
Monthly Backpacks | • Backpack program  
• Home delivered food  
• Other support services  
• *Foods*: fresh, refrigerated, frozen  
+ Personal care items, pet food | NRV residents, but must be an active agency client | Must be an active agency client |     |
| **Pulaski County Public Schools** | Ethelene Sadler  
esadler@pcva.us  
pcva.us | Email for info | • After school program  
• Backpack program  
• Prepared meals  
• *Foods*: all types | Pulaski County students | Reach out for details | Y |
### Pulaski Daily Bread
408 N Jefferson St Pulaski

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<tbody>
<tr>
<td>Pulaski Daily Bread</td>
<td>Mike Boothe, <a href="mailto:pulaskidailybread@yahoo.com">pulaskidailybread@yahoo.com</a>, 540-980-2131</td>
<td>Weekdays 11a - 12:30p</td>
<td>• Prepared meals</td>
<td>Any in need</td>
<td>None</td>
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### Radford-Fairlawn Daily Bread
501 2nd St, Lower Level Radford

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<tr>
<td>Radford-Fairlawn Daily Bread</td>
<td><a href="mailto:director@radfordfairlawndailybread.org">director@radfordfairlawndailybread.org</a>, 540-838-2210 / 540-838-0028, radfordfairlawndailybread.org</td>
<td>Weekday lunches 10:45a - 12:15p</td>
<td>• Prepared meals, Foods: all types</td>
<td>Lunches: any in need</td>
<td>None</td>
<td>Y</td>
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### Programs located in RADFORD CITY (Programs highlighted in gray = any in need are welcome, not just those who live in Radford)

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</thead>
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<tr>
<td>Highland Pantry</td>
<td><a href="mailto:dos-web@radford.edu">dos-web@radford.edu</a>, 540-831-6297, radford.edu/content/dos/home/highlander-food-pantry</td>
<td>Open Sun - Fri Hours vary, check website</td>
<td>• Choice pantry</td>
<td>Current RU students, faculty, &amp; staff</td>
<td>Bring University One card</td>
<td>Y</td>
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</table>

| New River Community Action (NRCA main office) | Jonathan Penn, jpenn@nrcaa.org, 540-5133 ext. 418, newrivercommunityaction.org | Monthly Mon - Fri: 9a - 3p | • Backpack program, Choice pantry, Prepared meals, Other support services, Foods: all types, Personal care items | Any in need | Proof of income, Photo ID, Social Security # |     |

<p>| Bobcat Backpacks Program | <a href="mailto:Bobcatbackpacks@gmail.com">Bobcatbackpacks@gmail.com</a>, facebook.com/bobcatbackpacks | Fridays - school year Backpacks delivered to schools | • Backpack program, Choice pantry | Radford City students | Free or reduced meal status or Head Start student | Y   |</p>
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<td><strong>New River Community Action (NRCA) Radford City - Fairlawn Emergency Assistance Program</strong>&lt;br&gt;1093 E Main St&lt;br&gt;Radford</td>
<td>Karli Worrell&lt;br&gt;<a href="mailto:kworrell@nrca.org">kworrell@nrca.org</a>&lt;br&gt;540-320-7460&lt;br&gt;newrivercommunityaction.org</td>
<td>Monthly - appointment only&lt;br&gt;Mon - Fri: 9a - 4:30p&lt;br&gt;Can visit once every 30 days</td>
<td>• Backpack program&lt;br&gt;• Choice pantry&lt;br&gt;• SNAP accepted&lt;br&gt;• Other support services&lt;br&gt;• <strong>Foods:</strong> shelf-stable + Personal care items</td>
<td>Radford residents</td>
<td>Proof of residency &amp; income</td>
<td>Y</td>
</tr>
<tr>
<td><strong>Old Brick Presbyterian Church</strong>&lt;br&gt;406 E Rock Rd&lt;br&gt;Radford</td>
<td>Robert Morris&lt;br&gt;540-267-5356&lt;br&gt;<a href="mailto:rmorris9@radford.edu">rmorris9@radford.edu</a></td>
<td>Tues &amp; Sat&lt;br&gt;10 – 12</td>
<td>• <strong>Foods:</strong> fresh &amp; shelf-stable + Personal care &amp; household items</td>
<td>Any in need</td>
<td>None</td>
<td>N</td>
</tr>
<tr>
<td><strong>Radford-Fairlawn Daily Bread</strong>&lt;br&gt;501 2nd St (Lower Level)&lt;br&gt;Radford</td>
<td><a href="mailto:director@radfordfairlawndailybread.org">director@radfordfairlawndailybread.org</a>&lt;br&gt;540-838-2210 / 540-838-0028&lt;br&gt;radfordfairlawndailybread.org</td>
<td>Weekday lunches&lt;br&gt;10:45a - 12:15p</td>
<td>• Prepared meals&lt;br&gt;• <strong>Foods:</strong> all types</td>
<td>None</td>
<td>None</td>
<td>Y</td>
</tr>
<tr>
<td><strong>Radford Farmers Market</strong>&lt;br&gt;402 W Main St (NRVCS Parking Lot)&lt;br&gt;Radford</td>
<td><a href="mailto:blove4@radford.edu">blove4@radford.edu</a>&lt;br&gt;radroots.org</td>
<td>May - October&lt;br&gt;Sat: 8a - 1p</td>
<td>• SNAP accepted&lt;br&gt;• <strong>Items for sale:</strong> fresh foods</td>
<td>SNAP recipients</td>
<td>SNAP card</td>
<td></td>
</tr>
<tr>
<td><strong>Unity Church</strong>&lt;br&gt;400 Tyler Ave&lt;br&gt;Radford</td>
<td>Sally Davis&lt;br&gt;<a href="mailto:sasdavis70@aol.com">sasdavis70@aol.com</a>&lt;br&gt;540-639-3696&lt;br&gt;unitychristianchurchradford.org</td>
<td>Weekly&lt;br&gt;Sat: 4 - 5p</td>
<td>• Prepared meals</td>
<td>Any in need</td>
<td>None</td>
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About NRV Thrive

NRV Thrive is an initiative through the Community Foundation of the New River Valley. Thrive is a network of organizations addressing food security and food access issues.

These organizations address these issues in many ways, including farms, food banks and pantries, community gardens, and meals programs -- all with the shared goal of helping more people in our community thrive.

By working together through the Thrive network, we are able to better address regional needs. To learn more about our work or access this directory, please visit cfnrv.org/thrive or the below QR code.